



For better
mental health

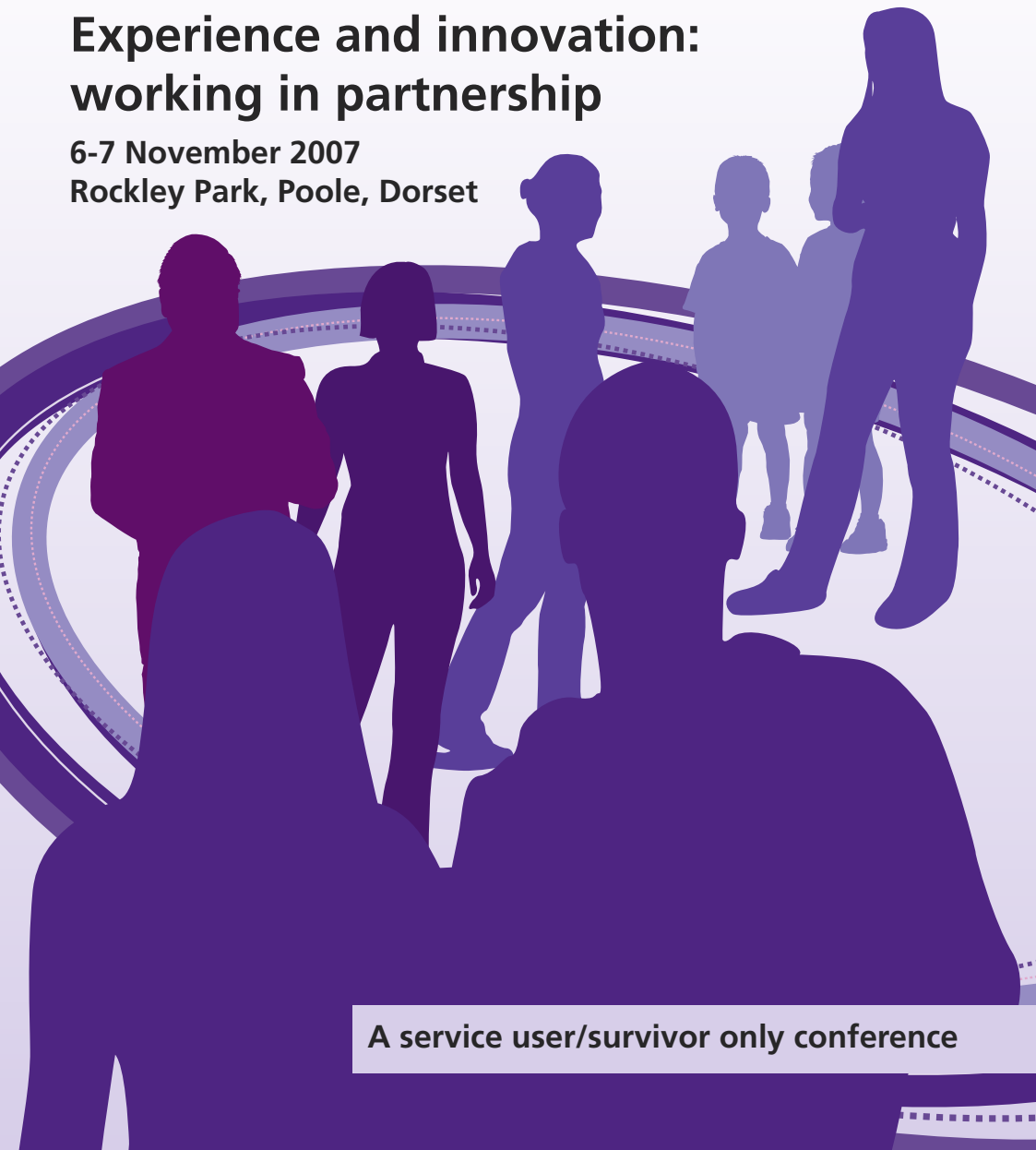


nsun
national survivor
user network

Experience and innovation: working in partnership

6-7 November 2007

Rockley Park, Poole, Dorset



A service user/survivor only conference

Experience and innovation: working in partnership

6-7 November 2007 – Rockley Park, Poole, Dorset

In 2006 two conferences for services users were held: in March, the 'Our Future' conference in Birmingham launched the initiative that was to lead to the establishment of the National Survivor User Network and in September, Mind celebrated its 60th anniversary with the event 'Coming of age: 21 years of service user involvement and survivor action'.

This year Mind and the newly formed National Survivor User Network (NSUN) are joining forces to put on a conference. Appropriately, the themes of this event will be working together and using our shared experience for the common good.

This conference is only for people who have had direct experience of mental distress. We want to ensure that mental health service users and survivors from all backgrounds can come together in a safe environment; an opportunity to share views and network.

This conference will:

- provide a forum for sharing experience and knowledge
- celebrate the skills and talent we have within the service user movement
- help to foster partnership working between groups
- formally launch the National Survivor User Network.

Free places

There are 50 funded places available to individuals who have or have had direct personal experience of mental distress and who are not in paid employment or who are low waged. Provision has also been made for travel expenses of up to £50 per delegate awarded a free place. To apply, please see use the relevant section of the registration form and note that the deadline for applications is **Monday 15 October**. Please note that no applications can be considered after this date.

Because these places are limited we would ask that only people who are absolutely unable to obtain funding elsewhere apply for these free places.

Subsidised places

This event is being heavily subsidised by Mind and NSUN for all delegates, whether they are waged and paying for themselves or being funded.

For tips on how to apply for funding from your local Trust, please email conferences@mind.org.uk

All places at the conference include free overnight accommodation and free meals.

Please note that accommodation is in mobile homes of two or three bedrooms with shared bathroom and lounge facilities. Should you wish to share with a particular friend/colleague who is attending, please fill in the relevant section of the registration form. Otherwise, all accommodation will be in same-sex accommodation of groups or pairs.

Conference timetable

6 November

- 5:00pm Delegates arrive, register and check into their rooms
- 6:00pm **Celebrating the network: stronger together**
What is to be gained from working together? This session will look at the advantages of being connected and will focus on NSUN, why it was formed and what it hopes to achieve.
Chair: Tina Coldham, Vice-chair, Mind Link and Trustee, NSUN
Panel: Chandra Fowler, Coordinator, NSUN
Shannon O'Neill, Mind Link Manager
Further panel members to be confirmed
- 7:00pm Dinner and party

7 November

- 10:00am **Experience: learning from one another**
We have the skills, talents and experience to support each other. Whatever problems you've had, you can bet someone else has had them first and probably overcome them!
Chair: Shannon O'Neill, Mind Link Manager

Panel: David Crepaz-Keay, NSUN

Dominic Walker, Network Development Manager, Catch-a-lyra

Jeff Walker, Director, Bristol Mind

Further panel member to be confirmed

11:15am Break

11:30am Participants will have a choice from the following workshops:

What does 'mental health' actually look and feel like – and who decides? Marcus Roberts, Head of Policy, Mind

The current scales used to assess people's mental state before and after treatment have been put together by professionals and are not completed by service users. Therefore, Mind has consulted widely to work towards building a service user designed scale. Today we will highlight the findings from this consultation and provide an opportunity to debate the wider issues that they give rise to.

Why is a national service user/survivor network organisation needed? What is it going to do? Chandra Fowler, Coordinator with other staff and trustees from NSUN

NSUN was set up to help build capacity within the service user movement by working in partnership with others. During this workshop staff and trustees will be on hand to hear your suggestions about how we might do things and areas of work which should be prioritised.

Open Up to Moving People 'Open Up' team members

Mental Health Media's 'Open Up' project brings people with mental distress together to take action on discrimination. We're also part of 'Moving People', an unprecedented new campaign which will reach millions of people across England over the coming four years and which we believe will be a real step towards ending discrimination.

We will share what we've learned from 'Open Up', what's planned for 'Moving People' so far, and how people can get involved.

Taking the social enterprise initiative: the journey Bernie Hannon, Director, Business Boosters Network

So you want to set up a business? Where do you start? Where is the money coming from? How will you manage and how do you keep on keeping on?

Find the answers to these questions and more in this workshop.

Working in partnership: a multi-agency approach for routes to employment and vocation in North East London Shaun Gastall, Mind Link National Advisory Panel Member and Occupational Therapist, London Borough of Waltham Forest

The statutory and voluntary sectors, when working together, can give people with mental health problems a real chance to sustain paid employment which reflects their skills and experience. Take away positive action points of how you can do this in your area and hear personal testimony of what has worked.

Using Direct Payments as a route to recovery Pauline Heslop

Come along and find out what Direct Payments are, who might be eligible, and how you could use them to buy in the help and support you need. Pauline will share her own experiences of Direct Payments and help you to think about whether they could be a route to recovery for you.

12:45pm Lunch and networking

2:00pm Workshops repeated

3:15pm Break

3:30pm **Innovation: taking the good work forward**

So where do we go from here? Where are the new challenges? And how can we work together to meet them?

Chair: Tina Coldham, Vice-chair, Mind Link and Trustee, NSUN

Panel: Matt Gregory, User Involvement Worker, Revolving Doors Agency
Howard Beck, Equality and Development Officer (Deaf and Hard of Hearing), Leeds City Council
Further panel members to be confirmed

4:45pm Closing remarks

5:00pm End of conference

Registration form

Please use BLOCK CAPITALS when filling in this form. Photocopy and use a separate form for each delegate.

How to book: Please complete this form and return it to: Conference and Training Unit, Mind, 15-19 Broadway, London E15 4BQ or fax: 020 8215 2341

If you have any queries, please call 0844 448 4450/020 8215 2312, or email conferences@mind.org.uk

Delegate details

Mr/Mrs/Miss/Ms/Dr/Other Name:

Job title: Organisation:

Address:

..... Postcode:

Tel: Fax: Email:

Dietary requirements:

Access requirements:

(e.g. large print, hearing loop, cannot walk far etc)

Would you like to share with a particular delegate/s who is attending? If so, please give their name.

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Fees

£60 Individuals paying for themselves **£125** Charities **£180** Other organisations (e.g. Trusts etc)

Please note that fees are based on who is paying, not the status of the delegate.

For monitoring purposes only, in what capacity are you attending the conference? (Please tick all of the following that apply to you)

LMA member/staff carer professional service user



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www.mind.org.uk

Mind is a registered charity, number 219830



nsun

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NSUN is hosted by Together, a
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