



## Avon Service User Reference Group

*Meaningful involvement, effective services*

**SUNDAY 9th OCTOBER 2005**

**From 10 am until late at:  
THE WATERSHED, BRISTOL**

# *World Mental Health Day Celebrations*

### Highlights

**Daytime 10am—4pm (free entry)**

- Join us for Mindline's 10th Birthday Party!
- Learn how to feel good about yourself
- Learn to look good
- Accurate, user-friendly information
- Wide range of local and national services
- Art activities to take away
- Art to admire and emulate

**Evening 7pm—late (£10 full £7 conc.)**

- Enjoy the music and the evening concert  
featuring Nizlopi and Paul Chi



**Contact Penny Hayes  
(SURG Administrator)** >>>>>>>>>>>>>>>>>>

Bristol Mind



For better  
mental health

### Avon Service User Reference Group

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